

Sample Nurse Protocols

Advanced Practice Registered Nurse (APRN) Protocols

I. General Information

a. Nurse Practitioner

Name: [REDACTED]
Clinical Site: [REDACTED]

National Accreditation: AANP

b. Primary Supervising Physician

[REDACTED]

Supporting Physician(s)

[REDACTED]

c. Area of Practice / Specialty / Population / Name of Practice

The nurse practitioner will manage primary healthcare needs for pediatrics and adults. These services will include, but are not limited to, health promotion and risk reduction, emotional and developmental evaluation, consultation and referrals. Patients will be seen in the office [REDACTED]

d. Practice Location Name

Address: [REDACTED]

e. Supervising Physician

Primary Supervising Physician Name: [REDACTED]

The physician consulted will depend on who is available in the office. Consultation will be from person to person or via telephone. If there is a life threatening emergency or situation which exceeds the APRN scope of practice, the patient will be seen by the primary or supporting supervising physicians. In the event of a life-threatening emergency, the APRN will initiate CPR and call 911 for EMS services.

f. Consultations with Supervising Physicians (description of how consultation with the physician is provided for back up consultations in the physician's absence)

The primary supervising physician and the backup supervising physician are used for consultation, face to face or via telephone at all times.

II. Medical Guidelines for Clinical Practice

The APRN must have completed the approved education and training according to South Carolina law and must hold a valid South Carolina nursing license to practice. The APRN will function under the guidelines of this protocol.

- a. Specific clinical duties will include initial and follow-up history and physicals, progress and discharge notes, documenting information in the medical records, ordering and interpreting diagnostic procedures and lab tests, ordering and writing prescriptions for appropriate medications.
- b. The APRN is obligated to practice within standards and scope of practice set forth by the State Board of Nursing and professional organizations.
- c. Medical conditions for which treatment / therapies may be initiated, continued, or modified would include, but not limited to, family planning counseling, wellness issues, health promotion, education and management of acute and chronic health problems, growth, and development.
- d. Treatment / Interventions that may be initiated, continued, or modified:
 - i. Obtain history and perform medical examination of patients
 - ii. Assess subjective and objective patient data
 - iii. Order diagnostic data including, but not limited to, laboratory tests, EKG, X-rays, MRI's, CT's, and pulmonary function tests
 - iv. Document findings in patient's medical records
 - v. Education, including but not limited to, healthcare needs and interventions, health promotion, safety, developmental milestones, and medications
 - vi. Evaluate patient responses to disease processes and therapeutic interventions to assess effectiveness of care
 - vii. Consult with other community services and agencies, including but not limited to, medical specialists, nurse practitioners, physical therapists, occupational therapists, respiratory therapists, rehabilitation services, social services, home health, hospice, mental health, psychological counseling, law enforcement, or other specialized services.
 - viii. Maintain current records for all patient encounters

The APRN will practice under the supervision / collaboration of the physicians from HopeHealth, Inc. These protocols serve as guidelines and are not all-inclusive. Protocols may be expanded and revised as necessary. The nurse practitioner may render care for medical conditions not included within these protocols with the consultation of the physicians. A physician will be available to the APRN at all times.

The APRN rendering health care to pediatrics and adults will utilize, but not limit oneself to the protocols in:

PROTOCOLS FOR NPs

(**Alcoholism and Abuse**) The National Institute on Alcohol and Alcohol Abuse: www.niaah.nih.gov

(**Anxiety Disorders**) www.adaa.org

(**Antimicrobial Therapy**) www.sanfordguide.com

(**Cardiology**) The American Academy of Cardiology/American Heart Association www.heart.org & www.nhlbi.nih.gov & www.americanheart.org

(**Diabetes**) www.ndei.org/treatmentguidelines.aspx

(**Endocrine**) www.aacc.com

(**Ethics**) www.nursingworld.org/.../CodeofEthicsforNurses.aspx

(**Evidence-Based Practice Guidelines**) www.aaos.org/research/guidelines/guide.asp

(**Gastroenterology**) www.gi.org/clinical-guidelines

(**Hepatitis & Liver Disorders**) www.aasld.org & www.liverfoundation.org

(**HIV**) www.hivguidelines.org

(**Hypertension**) www.nhlbi.nih.gov/guidelines/hypertension

(**Immunizations**) www.cdc.gov/vaccines

(**Kidney Disease**) www2.niddk.nih.gov

(**Medication Therapy**) www.drugs.com/pdr

(**Nutrition**) <http://www.mypyramid.gov>

(**Orthopedics**) www.apta.org/.../Resources/OrthopaedicClinicalGuidelines

(**Pain Management**) American Pain Society Guidelines www.ampainsoc.org

(**Physical Examination & History Taking**) Bickley, L.S. (2013). *Bates' guide to physical examination and history taking* (11th ed.). Philadelphia, PA: Wolters Kluwer Health/Lippincott Williams & Wilkins.

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(**Pulmonology Disorders**) www.rampasthma.org & www.gold.copd.org

(**Psychiatric Disorders**) The American Psychiatric Association.

(Preventative Services) U.S. Department of Health & Human
Services www.ahrq.gov/clinic/uspstfix.htm

(Sexually Transmitted Diseases & Treatment) www.cdc.gov/std/treatment

(Urology) www.auanet.org

(Women's Health) www.acog.org & www.womenshealth.gov

Example

ADDENDUM

The following categories of controlled substances are approved for prescribing by:

[Redacted] (Please initial your approved schedules.)
APRN Name

NK Schedule III: Anabolic Steroids
Butabarbital Compounds
Codeine Compounds
Tramadol Compounds
Obesity Management Agents

NK Schedule IV: Benzodiazepines
Non-benzodiazepine Hypnotics
Obesity Management Agents

NK Schedule V: Codeine Compounds
Diphenoxylate Compounds

Date: 2-24-16

[Signature]

[Redacted]
APRN Signature
[Redacted]

[Signature]

[Redacted]
Primary Physician Preceptor Signature
License # [Redacted]
DEA #: [Redacted]

[Signature] 2/24/16

[Redacted]
Supporting Physician Preceptor Signature
License #: [Redacted]
DEA# [Redacted]

